



GERMAN CANCER



BREAKTHROUGH

A Guide to Top Clinics

by Andrew Scholberg

“ I decided to come to Germany to get what I consider the pre-eminent treatment in the world... Thank you for the book. You saved my life. ”

– Mike Garrett,
Oklahoma



**Second Edition
Expanded and
Updated**

GERMAN CANCER BREAKTHROUGH

**Your Guide to Top German
Alternative Clinics**

**Germany's cancer doctors
lead the world — and Americans
“in the know” go there to get well!**

By Andrew Scholberg

German Cancer Breakthrough

Your Guide to Top German Alternative Clinics

By Andrew Scholberg

Published by Online Publishing & Marketing, LLC

A Publication from *Cancer Defeated!*

IMPORTANT CAUTION:

By reading this special report you are demonstrating an interest in maintaining good and vigorous health.

This report suggests ways you can do that, but – as with anything in medicine – there are no guarantees.

You must check with private, professional medical advisors to assess whether the suggestions in this report are appropriate for you. And please note, the contents of this report may be considered controversial by the medical community at large.

The author, editors and publishers of this report are not doctors or professional health caregivers. They have relied on information from people who are. The information in this report is not meant to replace the attention or advice of physicians or other healthcare professionals. Nothing contained in this report is meant to constitute personal medical advice for any particular individual.

Every reader who wishes to begin any dietary, drug, exercise or other lifestyle changes intended to treat a specific disease or health condition should first get the advice of a qualified health care professional.

No alternative OR mainstream cancer treatment can boast a one hundred percent record of success. Far from it. There is ALWAYS some risk involved in any cancer treatment. The author, editors, and publishers of this report are not responsible for any adverse effects or results from the use of any of the suggestions, preparations or procedures described in this report. As with any medical treatment, results of the treatments described in this report will vary from one person to another.

PLEASE DO NOT USE THIS REPORT IF YOU ARE NOT WILLING TO ASSUME THE RISK.

The author reports here the results of a vast array of treatments and research as well as the personal experiences of individual patients, healthcare professionals and caregivers. In most cases the author was not present himself to witness the events described but relied in good faith on the accounts of the people who were.

ISBN 978-1-60743-926-4

© Copyright 2011 by Online Publishing & Marketing, LLC, PO Box 1076, Lexington, VA 24450

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, without the prior written permission of the copyright owner.

Printed in the United States of America

About the Author

Andrew Scholberg is a freelance writer living in Chicago, Illinois, as well as a devotee of alternative medicine. With cancer activist Frank Cousineau, he co-authored two Special Reports, *Cancer Breakthrough USA!* and *Adios, Cancer!* He was the defendant in a landmark First Amendment case before the Supreme Court. In his spare time, Andrew is an adventurous outdoorsman.

Table Of Contents

Chapter One

Germany may offer the world's best cancer cure

Chapter Two

Hufeland Klinik in Bad Mergentheim

Chapter Three

Dr. Alexander Herzog's Fachklinik in Bad Salzhausen (Nidda, near Frankfurt)

Chapter Four

BioMed Klinik in Bad Bergzabern.....

Chapter Five

Dr. Ursula Jacob's Privatklinik in the Black Forest

Chapter Six

Aesculap Klinik in Brunnen, Switzerland.....

Chapter Seven

Paracelsus Klinik in Lustmühle, Switzerland

Chapter Eight

Dr. Frank Daudert's Praxisklinik in Bad Aibling

Chapter Nine

St. Georg Klinik in Bad Aibling

Chapter Ten

Klinik Marinus am Stein in Brannenburg.....

Chapter Eleven

Gisunt Klinik in + ☞; © - ☞²; a.....

Chapter Twelve

Cancer Dilemma: Do you swat mosquitoes or drain the swamp?

Chapter Thirteen

How to get financing and insurance reimbursement
for your cancer treatment in Germany

Endnote

How to find the German clinic that's right for you

If you liked this book.....

Chapter One

Germany may offer the world's best cancer cure

As the late best-selling author, physician, and medical maverick Dr. Robert Atkins, M.D., once said:

“There is not one, but many cures for cancer available. But they are all being systematically suppressed by the American Cancer Society, the National Cancer Institute, and the major oncology centers. They have too much of an interest in the status quo.”

Well, there you have it. Cures for cancer are available, but you don't know about them because too much money is at stake for those who want to keep the status quo. They want you to submit to the old-fashioned, harsh and obsolete cancer treatment methods.

It's a shame that effective cancer cures are so hard to find in America. But there's no conspiracy to suppress these cancer cures in Germany. German doctors routinely use these cures to help “terminal” cancer patients get rid of their cancer – including American patients who fly to Germany for treatment.

We Americans pride ourselves on being Number One. After all, we're the last remaining world superpower. We have the world's richest economy. We win the most gold medals at the Olympics. We have the only space program that has actually put men on the moon, not just once but six times.

And we have the world-famous Mayo Clinic and other top-notch medical centers. Many would say we have the best health care *in the world*.

Why, then, are so many Americans from all walks of life – from movie stars to people who can't afford health insurance – going to Germany

for cancer treatment and for other medical care?

Before I answer that question, let me give you the names of some celebrities who've benefited from German therapies:

- Ronald Reagan
- Liz Taylor
- Cher
- Suzanne Somers
- Roy of “Siegfried and Roy”
- Jack Cassidy (the bass player from the Jefferson Airplane rock group)
- George Hamilton
- Red Buttons and his wife Alicia

You've probably seen the late comedian and actor Red Buttons in many movies over the years: “The Poseidon Adventure,” “The Longest Day,” “Alice in Wonderland,” etc. When Red's wife Alicia was diagnosed with cancer in 1972, her American doctors gave her terrible news. She had an advanced case of one of the most dreaded cancers: oral pharyngeal cancer.

“Hopeless” patient lives 29 more years

Surgery for this kind of cancer can leave the patient with a disfigured face. For example, the famous film critic Roger Ebert came down with oral cancer, and his American doctors performed drastic surgery on him. Sadly, the surgery has left him severely disfigured.

The doctors told Alicia Buttons that her cancer was hopeless and terminal. They said, “With luck, you might be able to live a year.”

But Red and his wife didn't take that American doctor's death sentence as the gospel truth. Instead, Red took his wife to Germany for mild, gentle alternative treatments that are non-toxic. And she lived for 29 more years.

I'm sure you heard about what happened to Roy Horn of "Siegfried and Roy" on October 3, 2003. Apparently Roy stumbled or had some kind of seizure on stage. The white tiger, which loved Roy as his master, tried to come to his master's aid. And so the tiger picked Roy up by the neck as a mother cat picks up her kittens.

But people don't have the same kind of loose skin in the back of the neck that all cats do. So this bite caused severe damage.

Many people believed Roy's career was over. He was making hardly any improvement in American hospitals. So in June, 2005, he went to a clinic in Germany for alternative treatments. By May, 2007, Roy was testing out his new Mercedes at Little Bavaria. He announced to the public, "Look at me now – I am back, better than ever."

Following the devastating tiger attack, who would have ever thought that Roy would be back "better than ever" – in his own words?

Suzanne Somers chooses little-known German therapy

In 2001, actress Suzanne Somers got breast cancer at age 54, and she had surgery and radiation. Her American doctors strongly recommended that she follow up these treatments with chemo. They were aghast when Suzanne said no to their chemo and instead used mistletoe injections – a German therapy. The German therapy was successful.

All the top cancer doctors in Germany use mistletoe therapy to boost their patients' immune systems.

J. Lo helped her aunt whip cancer in Germany

When Jennifer Lopez's aunt was losing her battle against ovarian cancer in a New York hospital, J. Lo paid for her treatment at one of Germany's finest cancer clinics. The aunt thanked J. Lo for helping her get "the best treatment possible" and described her experience at the clinic as "enlightening."

The treatments the aunt received in Germany were mild and healing. They weren't grueling and harsh like the American-style treatments that cause side effects such as baldness, nausea and violent retching, and loss of skin color.

And the popular singer Cher of "Sonny & Cher" fame regularly goes to a German clinic for health tune-ups.

The brazen hypocrisy of the American cancer establishment

Let me tell you something you may find odd. Executives at organizations such as the American Cancer Society and agencies such as the U.S. Food and Drug Administration (FDA) strongly recommend that *you* undergo the traditional American treatment when *you* get cancer. So you'd think they'd practice what they preach when *they* get cancer, right?

Well, you're in for a surprise.

Back in 1987 a man named Jeff Harsh, who was working on a video documentary, interviewed one of Germany's top cancer physicians, Dr. Hans Nieper, M.D. (1928-1998). Dr. Nieper helped his patients get rid of cancer by using alternative methods the FDA forbids in America. One of Dr. Nieper's forbidden methods was the natural substance called laetrile, which is derived from apricot seeds.

In the interview, Dr. Nieper said, "President Reagan is a very nice man," having treated him for cancer in July of 1983.

Dr. Neiper added, “You wouldn’t believe how many FDA officials or relatives or acquaintances of FDA officials come to see me as patients in Hanover. You wouldn’t believe this – or directors of the American Medical Association (AMA), or American Cancer Society (ACS), or the presidents of orthodox cancer institutes. That’s the fact.”

Well, there you have it. The wealthy executives who run the ACS, the FDA, and the AMA beat the drum for American-style cancer treatments that they recommend for *you* and your loved ones. But when *they* get cancer, well, that’s different: many of them head for Germany.

But it’s not just the rich and famous who go to Germany for medical treatment. You’ll be shocked at how affordable the German clinics are compared to the sky-high prices American hospitals charge. Even some Americans who can’t afford medical insurance find they can afford *German* medical treatment.

Why do Americans from all walks of life go to Germany for medical treatment? Well, there are at least three reasons:

Reason Number One: American doctors say, “Nothing more can be done” – but German doctors offer a ray of hope

Probably the most common reason so many American cancer patients choose Germany is because their American doctors have told them, “Nothing more can be done. You have no hope. You have only three months to live.”

American doctors are dead wrong to tell their patients, “Nothing more can be done.” Instead, they should say, “We don’t know of anything more that can be done.” Doctors in Germany know more than a dozen other therapies that can be done. And the good news is that these German therapies are effective and non-toxic. What’s more, they’re amazingly inexpensive by comparison to American treatments.

Here’s a partial list of some of the best therapies that patients can use:

- Hyperthermia
- Insulin potentiation therapy (IPT)
- Mistletoe therapy
- Fever therapy
- Vitamin C and selenium by IV drip
- Ozone therapy
- Oxygen therapy
- Magnetic-field therapy
- Homeopathic therapy
- Detoxification therapy
- Colonic hydrotherapy
- Enzyme therapy
- Nutritional support
- Counseling
- Spiritual support

German doctors have found that a combination of these therapies can work – even when some other doctor has written off the patient as “hopeless.” And the many American patients who’ve gotten rid of their cancer in Germany will attest to that.

In stark contrast to the repressive situation in the USA, all these advanced therapies have the approval of Germany’s health ministry, and the German government has licensed the clinics.

In this book, I will describe the German therapies as best I can. But I’m a layman, not a doctor, and so my ability to describe the technical aspects of the treatments is limited. If you’re looking for scholarly, technical explanations, I’ll give you some references you can look up in medical libraries or on the Internet.

Unfortunately, the typical American doctor only learns one approach to cancer treatment in medical school: the “cut-burn-poison” approach. The American method of treating cancer focuses on surgery, radiation, and chemotherapy while ignoring natural therapies.

Let me be crystal clear about this: American doctors are not evil. They're not deliberately concealing vital information from their cancer patients. Most American doctors just don't know about alternative therapies. They apply what they learned in medical school. They assume that what they learned about cancer in medical school is all there is to know about it.

Wrong!

Patients shouldn't die from their *treatments!*

Tragically, American medicine has an abysmal record in treating cancer. Despite what you hear about progress and "new discoveries," American cancer treatment today isn't much different than the cut-burn-poison treatments of 50 years ago. And the worst part of these treatments is that they're often as hard on the patient as they are on the cancer. Yes, the radiation and chemo sometimes kill off the cancer cells, but the same radiation and chemo often destroys the patient's immune system, causing his or her death.

American doctors might triumphantly declare, "We killed the cancer!" But what does that matter if the patient died from the toxic treatments?

Fortunately, the word is starting to reach many Americans that German doctors have achieved a real breakthrough in cancer treatment.

Should anyone be surprised that the Germans are arguably the finest cancer doctors in the world?

Let's face it: The Germans are noted for spectacular achievements. It was German rocket scientists in Russia who launched Sputnik, which inaugurated the space age. It was German rocket scientists in America who were essential to putting men on the moon.

Germans have made countless scientific and technical breakthroughs. Here are just a few:

- In 1714 Daniel Gabriel Fahrenheit invented the mercury thermometer.
- In 1885 Karl Benz (of Mercedes-Benz fame) built the first practical car run by internal combustion, and Gottlieb Daimler invented his landmark gasoline engine.
- Rudolf Diesel invented the engine named for him
- In 1899 Felix Hoffman was the first to synthesize a medically useful form of aspirin. Bayer, a German company, manufactured Hoffman's new product.
- In 1916 Albert Einstein announced his general theory of relativity

Today the Germans make some of the world's finest cars and the finest optical products. In fact, Germany is still a top exporter of high-quality manufactured products while the United States, sadly, has slipped behind.

Is it any wonder that in cancer treatment, German doctors leave most American cancer doctors in the dust?

Reason Number Two: It costs \$850,000 to *die* of cancer in America!

Surprisingly, the second reason Americans go to Germany for cancer treatment is because some people can't afford the American cancer treatments. It can easily cost \$850,000 to die of cancer in the USA. By contrast, an American cancer patient can go to Germany for a three-week course of treatment for the price of a Honda Accord.

What if someone can't afford health insurance? How could he or she possibly afford a six-figure medical bill? Who has hundreds of thousands of dollars just sitting in their bank account? Not many.

We met Franko, a patient from Key West, Florida, who had no health insurance and therefore was at a Bavarian cancer clinic for treatment. He also happens to prefer the mild

but effective German-style cancer treatments.

Franko believes the cost of his cancer treatment in Germany is worth it. He told us, “Is your life worth a new Honda?”

Reason Number Three: Kinder, gentler, more effective cancer treatments

The third reason Americans go to Germany for cancer treatment is because they prefer the mild but effective treatments available there. The German cancer doctors I interviewed avoid surgery and radiation. And *if* they give any chemotherapy, it’s a fraction of the dose American doctors give.

In this book I’m going to take you on a virtual tour of the most outstanding cancer treatment centers in Germany and Switzerland. You’ll learn all about the German-style cancer treatments, and you’ll meet some of the most brilliant minds in medicine: doctors who routinely save the lives of cancer patients whom American doctors have declared “hopeless” and “terminal.”

You’ll also meet American patients as well as some English-speaking foreign patients. Each of them has a unique story, and I’m eager to tell you these stories.

We visited one clinic in Munich that we can’t recommend for Americans because the personnel in that clinic don’t speak English fluently. The Munich clinic is set up for the local cancer patients. Americans and others who don’t speak German would feel out of place in that clinic.

One of the things that surprised us is that none of the clinics looked or smelled like a hospital. Rather, the atmosphere was cheerful, friendly, and warm. The German clinics seemed more like hotels or bed & breakfasts. Patients wear their own clothes at the German clinics – not those flimsy hospital gowns that leave your backside exposed.

We found out “Bad” is good!

On my most recent tour of the cancer clinics in German-speaking lands, I was accompanied by my publisher, Lee Euler, and another long-time colleague, Ric McConnell. We started our tour in the Frankfurt area, where we visited outstanding clinics in Bad Mergentheim, Nidda, and Bad Bergzabern. Then we visited a wonderful new clinic in Germany’s fabled Black Forest.

Before visiting the clinics near Munich, we visited two of Switzerland’s top clinics. In the Munich area we found excellent clinics in the Bavarian Alps in Bad Aibling and Brannenburg.

You may be wondering why some of these towns begin with the word “Bad.” It doesn’t mean that these towns are “bad.” On the contrary; they’re wonderful. The German word “Bad” (pronounced “Bod”) means bath. In other words, these are spa towns. Each town has mineralized springs that are said to be healing and curative. Health seekers have sought out these springs for centuries – going back to Roman times.

I’ll tell you what you need to know about each clinic – treatments, costs, and practical considerations – as well as the contact information.

You can benefit from German therapies in the comfort of your home

Perhaps the most important chapter in this book is the one entitled “Cancer Dilemma: Do you swat mosquitoes or drain the swamp?” In other words, do you just treat the symptoms of cancer, or do you get at the root of the problem so it doesn’t come back?

Let’s say you’ve gone to one of the German clinics we recommend, and you’ve gotten rid of your cancer. You’ve come home cancer free. Now what?

Although I'm not a doctor, I've visited over two dozen of the top alternative cancer clinics in the United States, Mexico, Germany, and Switzerland. I've interviewed the doctors at these clinics. I've interviewed their patients. In short, I've seen what works and what doesn't when it comes to cancer.

To put the odds in your favor, you need to make permanent lifestyle changes. You don't want to spend the rest of your life returning to doctors each time cancer returns. That's like "swatting mosquitoes." Rather, the goal is to get rid of cancer *for good*. And to accomplish that goal, you have to "drain the swamp." That requires permanent changes in your life.

Dietary changes are especially important. The typical American diet, which is high in both sugar and red meat, will likely cause the cancer to return with a vengeance. I'll describe an eating plan you can use for the rest of your life that's tasty and nourishing but unfriendly and unwelcoming toward cancer.

If excess stress has caused or contributed to your cancer, you need to learn how to manage the stress so it doesn't tear down your immune system.

A regular program of detoxification is essential, too. All the German clinics we visited understand the importance of colonic hydrotherapy, something you can do in the privacy of your home. Or if you prefer, you can pay for the services of a professional colonic hydrotherapist here in America.

And you don't have to go to Germany to get magnetic field treatment, which wakes up your immune system and tells it to get busy. You can own the very same sophisticated magnetic field machine the German cancer clinics use. It costs about as much as a 15-year-old car with high miles.

The German cancer clinics put their patients on the magnetic-field therapy machine *every day* for 15 minutes because it's such an effective immune system booster. Why should this amazing therapy stop when you come home

from Germany? It doesn't have to.

We recommend, however, that you seek the advice of a competent medical authority before using magnetic field therapy or any of the other therapies mentioned in this book.

Intravenous vitamin C therapy can also continue at home, and I'll tell you how to find a doctor willing to give you this therapy. A man from Oklahoma who got rid of a nasty form of brain cancer in Germany over nine years ago gets IV vitamin C therapy once a month right here in America. If this therapy has helped him keep cancer at bay, it could help you, too.

After all, the goal isn't just to get rid of cancer but to keep it away *for good*.

Chapter Eleven

Gisunt Klinik in + ☹️; © - ☹️²; a

“There are no untreatable patients”

Practically all of the top cancer clinics in Germany are reasonably close to Frankfurt or Munich. But the Gisunt Klinik, founded by Dr. Holger Wehner, M.D., one of Germany’s top cancer doctors, is located in the far northwestern corner of Germany in the town of Wilhelmshaven. When you think of Germany, it's that the image of a beach will come to mind, but if you stay at the Gisunt Klinik, you'll be able to get your exercise walking the beaches of the North Sea, just five miles away.

Because of time constraints, it wasn't possible to travel all the way to visit this clinic during our most recent trip. Fortunately, Dr. Wehner made the four-hour drive to meet me near Frankfurt, where I interviewed him for two hours. In addition to the interview, Dr. Wehner gave me some literature about his clinic to enable me to include a chapter about his Gisunt Klinik in this edition of *German Cancer Breakthrough*.

As you may know, one of the toughest, deadliest, fastest-growing cancers is glioblastoma multiforme. This is the cancer that pulled Senator Ted Kennedy under. In America, it's considered a death sentence.

Not so in Germany. A desperate 30-year-old German woman, Margaret Krauss, was diagnosed with glioblastoma multiforme brain cancer and needed to beat the disease for the sake of her young daughter. Conventional doctors had already given her surgery and radiation, but to no avail.

In 1999 Margaret came to the Gisunt Klinik as a last resort, and put her life in Dr. Wehner's

hands. In addition to other therapies, Dr. Wehner gave three sets of 12 hyperthermia treatments. After the third set, she was in complete remission.

Margaret is still alive today and has been cancer-free ever since then -- for over a decade. Her case was so extraordinary that it was featured in a TV documentary. Dr. Wehner has successfully treated two other ladies for glioblastoma multiforme brain cancer as well.

“Give me the power to induce fever, and I'll cure any disease”

Why is hyperthermia such an effective treatment? It's a form of heat therapy, which is nothing new. Five centuries before Christ, the father of medicine, Hippocrates, recognized the curative power of fevers. Another ancient Greek, Parmenides, said, “Give me the power to induce a fever, and I will cure any disease.”

That's why Dr. Wehner's brochure about hyperthermia says a fever shouldn't be suppressed as long as it's not life-threatening. Natural fevers train and strengthen the immune system and should generally be allowed to run their course.

During an “extreme” whole body hyperthermia treatment, the patient gets an artificial fever of 107 degrees Fahrenheit for two hours. The process is carefully monitored while the patient is under general anesthesia. Infrared heat, filtered through water, gently warms the layer of skin that contains blood. The heated blood circulates, and more blood is gently

heated, until the desired core temperature is reached. Dr. Wehner has perfected extreme (very high-temperature) hyperthermia, having successfully performed the procedure on hundreds of patients.

At the Gisunt Klinik, cancer patients can get all forms of hyperthermia:

- Whole body hyperthermia as described above
- Local hyperthermia in which heat penetrates deeply into a specific portion of the body to weaken or kill the tumor
- Transurethral local hyperthermia for prostate cancer, in which a catheter with a special heating device is painlessly inserted through the urethra into the prostate. Once inserted, the heat is applied to the prostate, cooking the cancer to death without harming the healthy tissue or causing discomfort to the patient.
- Intraperitoneal hyperthermia for cancers of the peritoneum. The peritoneal cavity is rinsed with a hyperthermal wash that may contain chemo. In cases of bladder cancer, the bladder can be rinsed with the same hyperthermal wash.

Dr. Wehner is well qualified to apply all of these hyperthermia treatments as shown by the fact that, at this writing, he is president of the German Society of Hyperthermia.

No patient is considered untreatable!

Although no doctor can guarantee a successful outcome, Dr. Wehner is confident that he can help just about any patient. He says, "There are no untreatable patients." Patients who arrive in wheelchairs are often able to *walk* out of the clinic when they go home.

Dr. Wehner started out as a surgeon. He changed to natural medicine to get better results. In 1985 he started using hyperthermia. He became acquainted with Germany's top

cancer doctors, including Dr. Friedrich Douwes, Dr. Friedrich Migeod, and Dr. Alexander Herzog. These collegial doctors are profiled in previous chapters of this special report: Dr. Douwes in the chapter about St. Georg Klinik, Dr. Migeod in the chapter about BioMed Klinik, and Dr. Herzog in the chapter about his Fachklinik.

At the Gisunt Klinik Dr. Wehner treats patients with chronic diseases such as Crohn's disease, fibromyalgia, and so on, but most of his patients are there for cancer treatment.

Patients who seek cancer treatment at Gisunt should plan on a three-week stay. Dr. Wehner says that if a patient can only come for a week, he should "forget it." A week isn't enough time for the necessary treatments including detoxification, immune boosting therapies, oxygen therapy, mistletoe, and hyperthermia with low-dose chemo.

The Gisunt Klinik is small. Its staff of five doctors can take care of 17 patients, and the patients come from all over the world: from countries like America, Australia, Korea, Portugal, Spain, and England. Gisunt has a friendly atmosphere, like a family, and you're likely to meet some interesting people there.

Recreational activities keep cancer patients busy

Gisunt encourages exercise and offers its patients lots of activities. Nordic walking, for example, is quite popular in Europe and is a highly recommended form of exercise. Nordic walking requires ski poles, which support the legs while also working the upper body for a total body workout. Some patients Nordic walk on the nearby beach by the North Sea. Others use their ski poles in the private park/nature reserve that surrounds the Klinik.

Gisunt also has bicycles and tennis rackets available for patients. More adventurous patients can go horseback riding. If you enjoy cultural and artistic events, Gisunt can help you attend local productions. You can even take a boat to one of the beautiful East Frisian islands

or visit the castle town Jever.

These activities are important, because Dr. Wehner believes cancer patients benefit greatly when they're able to be active, to be happy, to smile often, and to manage their stress.

How much does cancer treatment cost at the Gisunt Klinik? Cancer treatment lasting three weeks, including extreme hyperthermia sessions, costs about 10,000 euros per week: 30,000 euros total. Compared to conventional American treatments, 30,000 euros is a bargain. Before committing to treatment at Gisunt, be sure to get an estimated cost of the proposed treatment plan because prices change, and some treatments may cost extra.

How to get to the Gisunt Klinik

The closest airport is Bremen, which is an hour's drive from the Gisunt Klinik. Bremen is a 45 minute flight from Amsterdam. Or you can fly to Frankfurt and take a connecting flight to Bremen. When you arrive in Bremen, a driver from Gisunt will meet you at the airport and drive you to your destination in the comfort of a spacious van.

Contact information:

Gisunt Klinik for Integrative Medicine

Mühlenweg 144
D - 26384 Wilhelmshaven
Germany

Contact: Dr. Holger Wehner, Medical Director

Website: www.gisunt-klinik.de

e-mail: patient@gisunt.de

Phone: 011-49-44-21-774140

Fax: 011-49-44-21-7741410

Chapter Twelve

Cancer Dilemma:

Do you swat mosquitoes or drain the swamp?

The typical American cancer doctor focuses on the cancer cells like a laser beam. He makes up his mind to get rid of those cancer cells one way or another – “whatever it takes.”

Usually step one is to cut the cancer out of the body. And so if the cancer is operable, the tumor is surgically removed.

But everyone knows that a few cancer cells are left behind in the body after surgery. And so to kill off those cells, step two is to burn the cancer cells out of the body by radiation.

And just to make *triple* sure all those cancer cells are gone, step three is to poison any remaining cancer cells with chemotherapy.

The problem is, cancer usually returns. And when it does, then what? More surgery? More radiation? More chemo?

When cancer patients have received their lifetime quota of radiation, they can't have any more of it – even if the cancer returns. As for chemo, sometimes it has no effect on the tumors. The tumors keep growing as if there's no tomorrow, despite massive doses of the most toxic chemotherapies known to man.

Some chemo drugs are effective against one type of cancer, but not another. And frequently doctors – American doctors, at any rate – are just guessing as to whether they're using the right drug for the type of cancer YOU have. There are sophisticated tests to match the drug to the particular cancer cell, but this is another “alternative” approach that few American doctors use.

Sadly, the American approach to cancer treatment (“cut-burn-poison”) is all too often

a dead end. In other cases it leaves cancer patients disfigured from surgery or sickened or weakened.

If one may compare the cancer cell to another pesky parasite, the mosquito, the American-style cancer treatments are like swatting mosquitoes while ignoring the mosquitoes' breeding ground: the swamp. And that's why it often fails.

Swatting mosquitoes isn't enough. It's necessary to drain the swamp!

Whether you receive conventional cancer treatment, alternative treatment, or a combination, if you want to get rid of cancer *for good* so that it *never* returns, you have to get serious about draining the swamp.

The German cancer specialists recognize that cancer is never a localized problem. In other words, breast cancer isn't simply a disease of the breast, and prostate cancer isn't simply a disease of the prostate. Rather, cancer is a symptom of a systemic disease of the *whole body* – no matter where the tumor may appear.

Something within the body is producing the cancer cells. When people get cancer, it means that their bodies have become the “swamp” (the breeding ground) that allows the “mosquitoes” (cancer cells) to breed, multiply, and spread out of control.

It's necessary to clean up the body's toxic mess

The German cancer doctors I spoke to told me that a cancer patient's body is loaded with toxic wastes and toxic metals.

Typically a cancer patient's colon is clogged with waste, his blood is thick and sludge-like, his lymphatic system is stagnant, his liver – the body's filter – is overloaded with toxins, his gall bladder accumulates stones, his kidneys are weak, and so on. Because the cancer patient's organs are usually functioning inefficiently, toxins come into the body faster than the patient can get rid of them.

That has to be reversed. And it can be!

"Draining the swamp" involves a serious detoxification process. A three-week course of treatment at a German cancer clinic can give you a good start at detoxification, but it's *only* a start. You have to continue the detoxification at home. It's an ongoing, lifelong project.

Cleanse the colon

The German doctors we interviewed recognize the necessity of "draining the swamp." That's why they *all* recommended colonic hydrotherapy – a low-tech treatment most American doctors ignore or discourage. From what I've learned in visiting dozens of cancer clinics and speaking with many alternative cancer doctors, the colon is the center of the "swamp."

You can easily do colonic cleansing in the privacy of your home, unless you prefer to pay for the services of a professional colonic hydrotherapist. See the Bonus Report about colonic hydrotherapy for additional details about this essential task.

Change your body from acidic to alkaline

An acidic body welcomes cancer, and cancer cells thrive in an acidic environment. The typical American diet, which is high in meat, high in sugar, and low in fruits and vegetables, contributes to an acidic body.

To change from an acidic body to an alkaline body, you can't eat like the typical American. You must eliminate refined sugar because cancer

cells love sugar. If you're fighting cancer, stop feeding it! Cut the cancer cells off from their favorite food: sugar.

Switch from a high meat diet to one that has little or no meat. Especially avoid red meat. Eat lots of fruits and vegetables – organic if possible.

A fresh lemonade morning tonic, which you can use to start your day, can help change your body from acidic to alkaline. Here's the recipe for a lemonade tonic:

Squeeze the juice out of a lemon and add two tablespoons of *authentic* Grade B maple syrup – or an amount that suits your taste. You can use Grade A maple syrup, but don't use any kind of cheap, sugary, artificial maple syrup. Add about 10 to 12 ounces of water and some ground cayenne pepper, and stir well or shake it in a shaker cup. You can start with a pinch of cayenne and gradually work your way up to a half-teaspoon.

The lemonade tonic has other benefits, too. It digests mucus, increases circulation, and stimulates the body to produce the hydrochloric acid necessary for digestion.

Flush your lymphatic system

Toxins sometimes get stuck in your lymphatic system. Unlike your circulatory system, your lymphatic system doesn't have a pump. There are only two ways to flush your lymphatic system: through exercise or massage.

The easiest way to flush your lymphatic system through exercise is to get one of those mini-trampolines with a bouncing area about a yard in diameter. You can get one of these "rebounders" at sporting goods stores. Ten minutes of bouncing each day will flush your lymphatic system.

Cancer patients who are unable to bounce on a rebounder could get a rebounder chair – which would make it much easier but just as effective. You can get more information about rebounder chairs on the Internet at www.bouncebackfitnesschair.com.

Or you can get a lymphatic massage from a professional massage therapist.

Help your largest organ – your skin – eliminate waste and renew itself

Sweating is good because it helps your body get rid of toxins through your skin, which is your body's largest organ. Taking a hot sauna and finishing it with a cold shower helps do this. See the Bonus Report about water therapy.

But an even more effective sauna is the far infrared sauna, which quickly and easily pulls out toxins from deep within the skin. This kind of sauna can even be installed in your home.

Another technique for assisting your skin is dry skin brushing: using no water, you brush every square inch of your skin with a natural bristle brush every day. Why? Because there are several benefits: it cleans pores, exfoliates the skin, keeps skin toned and soft, aids blood circulation, and helps eliminate toxins. Dry skin brushing also stimulates all of your body's acupuncture points, which helps energize the body.

Listen to what the legendary natural healer Dr. Bernard Jensen said about dry skin brushing:

"I believe skin brushing is one of the finest of all baths. No soap can wash the skin as clean as the new skin you have under the old. You make new skin every 24 hours on the body. The skin will be as clean as the blood is. Skin brushing removes the top layer. This helps to eliminate uric acid crystals, catarrh, and various other acids in the body. The skin should eliminate two pounds of waste acids daily. Keep the skin active."

You'll need two different brushes for dry skin brushing: a body brush with a removable handle and a complexion brush. They are available on the Internet from Bernard Jensen Products in Solana Beach, CA 92075. You can get both brushes (the "Skin Care Combo Pack") for less than \$20 online at www.bernardjensen.com.

Overlooked secret of surviving cancer: Get rid of the false, negative programming in your mind

An often-overlooked part of the "swamp" is the mind. It's necessary to detoxify the mind by getting rid of the false, negative thoughts and fears that feed cancer. Toxic thinking should be replaced with healing thoughts that kick your immune system into high gear.

Most of the German clinics we visited help the patient focus on this very task. And this is something you can also do at home.

Believe it or not, counseling techniques that change the cancer patient's thought patterns have turned around "hopeless" and "terminal" cases of cancer. It's not just a matter of changing from "negative thinking" to "positive thinking" – though that's part of it. More importantly, it's a matter of changing *false* thinking to *true* thinking.

For example, many if not most cancer patients believe cancer is a powerful, almost invincible enemy. But the great American pioneer O. Carl Simonton, M.D., pointed out that the truth is quite different: cancer cells are, in fact, weak, abnormal, and deformed.

The late Dr. Simonton created a groundbreaking method that helps cancer patients visualize their immune systems vanquishing the weak, deformed cancer cells. His approach is validated by published studies and clinical experience.

To learn more about Dr. Simonton's powerful methods, see the website: www.simontoncenter.com. For just \$75 you can order Dr. Simonton's "patient package" from his website. Or you could check out one of his books from your public library and get started with healing thoughts for free.

Other good ways to keep cancer from coming back

It's important to keep your liver, gall bladder, and kidneys working efficiently. You can do that by flushing them once or more a year. Although information about these flushes is available on the Internet, it's much better to find an experienced naturopathic or holistic health practitioner who can guide you in this important area.

A long-term brain cancer survivor from Oklahoma, who got rid of his cancer at a clinic in Germany five years ago, continues to get an intravenous vitamin C infusion every month here in America. Monthly IV infusions of vitamin C seem like a wise idea, and the Oklahoma brain cancer survivor credits them for his continued good health.

German physicians and scientists pioneered enzyme therapy, which all of the German cancer clinics recommend. Enzyme therapy can help prevent cancer from coming back. To get more enzymes, increase your intake of raw fruits and vegetables. You can also get enzyme supplements such as the German product Wobenzym. My publisher offers an excellent introduction to enzyme therapy called *The Missing Ingredient for Good Health*. You can get more information about it at www.digestiveenzymetherapy.com.

Magnetic field therapy is another affordable and beneficial therapy you can use in your home as part of the strategy to keep cancer from coming back. See the Bonus Report on this remarkable therapy, which is used in all but one of the German cancer clinics we toured.

Chapter Thirteen

How to get financing and insurance reimbursement for your cancer treatment in Germany

The cost of cancer treatment in Germany might run about \$35,000, more or less, depending on where you go, how long you stay at the clinic or hospital, and what treatments you get. The cost of getting rid of prostate cancer through transurethral local hyperthermia is less than \$10,000. Certainly the cost is a bargain, compared to the six-figure price tag at American clinics and hospitals – typically \$350,000 to \$1,000,000!

Furthermore, German cancer clinics can also boast an impressive record of success: when American cancer doctors give up on their cancer patients, Germany's top doctors stand ready to use milder, more effective methods to cure the cancer. And they often succeed – even in “hopeless” and “terminal” cases.

Still, it can be tough to scrape together an extra \$35,000 – roughly the price of a new minivan.

One option to consider is financing. A company called Med Loan Finance, based in Kansas, has helped many patients get financing for medical treatment outside the United States. To get an application, you can call their toll-free number or visit their website. You'll find their contact information below.

The best outcome financially, of course, is to get insurance reimbursement for your cancer treatment in Germany. There's no guarantee that you'll get reimbursed. But if you have health insurance, there's a good chance that you can get some or most of your expenses reimbursed. Don't count on being reimbursed, but it's certainly worth filing a claim!

There's a company that will negotiate with your insurance company on your behalf to get you reimbursement. It's called American Medical Health Alliance, and it's based in Houston, Texas. American Medical Health Alliance gets a percentage of the reimbursement as compensation for their services, and that gives them a strong incentive to get you as much reimbursement as possible. The more you get, the more they make. It's a win/win deal.

Contact information:

Med Loan Finance (for financing)

10515 W 148th Terrace
Overland Park, KS 66221

Phone: 800-504-4053

Fax: 800-555-8122

Website: www.MedLoanFinance.com

e-mail: info@medloanfinance.com

American Medical Health Alliance (for insurance reimbursement)

P.O. Box 2065
Houston, TX 77252

Phone: 1-800-785-8765

Fax: 1-281-453-1945

Website: www.amhabilling.com

e-mail: info@amhabilling.com

Endnote

How to find the German clinic that's right for you

When I talk about the “German clinics,” I don’t mean to exclude the fine clinics in Switzerland. Rather, I use the expression “German clinics” in a broad sense to encompass the complementary cancer clinics in *all* German-speaking lands.

People have asked me, “If you had cancer, which clinic would you choose?” That’s a good question. I don’t have cancer, and I hope I never get it. I honestly don’t know which clinic I would choose. All of the clinics and doctors featured in this book impress me. They use an integrative approach -- a combination of natural medicine and conventional medicine. Whether you prefer a clinic that tilts toward the side of natural medicine or a clinic that tilts the other way, you’ll probably find at least one clinic in this book that suits your preference.

The choice of a clinic depends on many factors, including what kind of cancer a patient has and how far advanced it is. If you have cancer, and if you’re considering the possibility of going to a German clinic for treatment, I’m sure you’ll read each chapter in this book carefully. After reading the book, you may well find that one of the clinics chose *you*. In other words, you may feel drawn to a particular clinic. If you find that three clinics stand out as strong choices, of course you’ll have to narrow it down to one.

Perhaps the easiest way to find the German cancer clinic that’s right for you is to seek the advice of an independent medical advisor. The advisor I recommend without hesitation is Dr. Adem Günes, M.D., Ph.D. Dr. Günes was the right-hand-man of Dr. Frank Daudert, and he has vast experience not only as a cancer doctor but

also as a medical researcher. Currently, he is a professor of medicine.

If there is a man who knows more about natural medicine than Dr. Günes, I would like to meet him. He is one of the most brilliant German doctors I have ever met. To find out more about Dr. Günes’s services as an independent medical advisor, log onto his website www.prof-adem.com. You may send Dr. Günes an e-mail at this address: info@prof-adem.com.

A few Americans who get rid of their cancer in Germany can afford to return to Germany again and again for follow-up care, but most cannot. In the new edition of this book, I have included information about how to find a cooperative, open-minded American doctor who can give you the long-term follow-up care you need to keep cancer from coming back.

Be prepared to make permanent lifestyle changes. You should certainly avoid junk food, processed food, and sugar, and you may want to incorporate the German-recommended Budwig protocol in your daily eating plan.

Many people found the first edition of this book helpful, and I got positive customer feedback from readers who actually went to Germany for cancer treatment. If you or a loved one have cancer, my hope and prayer is that you’ll find this book helpful.

If you liked this book...

If you liked this book, perhaps you might like Andrew Scholberg's other books about cancer clinics and alternative treatments.

Adios, Cancer! by Frank Cousineau with Andrew Scholberg is a book about the top alternative cancer clinics in Mexico. For more info, see this website: www.adios-cancer.com

Cancer Breakthrough USA! by Frank Cousineau with Andrew Scholberg is a book about the top alternative cancer clinics in America. For more info, see this website: http://cancerbreakthroughusa.com/cancer_usa.html

How to Cure Almost Any Cancer at Home for \$5.15 a Day by Bill Henderson with Andrew Scholberg describes the six-point Bill Henderson Protocol to whip just about any cancer at home. For more info, see this website: <http://curecancerathome.com/A/>

The 31-Day Home Cancer Cure by Ty Bollinger with Andrew Scholberg. Bill Henderson highly recommends this book, which features perhaps the most effective, easy-to-use home detox program in print. For more info, see this website: <http://NaturalCancerRemedies.com/31D/index.html>